

OPTIONAL TEST

Blood Test:

• Vitamin D Deficiency Test	RM 63
• Vitamin B12 Deficiency Test	RM 70
• FT3 & FT4 – Thyroid Hormone Test	RM 78
• CEA (Tumour Marker - Colon)	RM 56
• CA 19.9 (Tumour Marker - Pancreas)	RM 88
• CA 15.3 (Tumour Marker - Breasts)	RM 78
• CA 125 (Tumour Marker - Ovaries)	RM 73
• Hepatitis A Antibodies	RM 73
• Hepatitis C	RM 72
• HIV (AIDS) Antibodies I & II	RM 52
• Helicobacter Pylori IGG with CIM	RM 38
• EBV VCA - Ig A (Tumour Marker - Nose)	RM 150
• EBV EA - Ig A (Tumour Marker - Nose)	RM 150
• Urine albumin - microalbumin (For diabetes patient only)	RM 34

Diagnostic Imaging:

• DEXA Hip OR Spine (1 region) – Bone Density	RM 105
• DEXA Hip & Spine (2 region) – Bone Density	RM 179
• Ultrasound Lower Abdomen	RM 105
• CT Lung - LDCT (For smoker)	RM 309
• CT Coronary Artery Calcium Scoring (CAC)	RM 567
• Ultrasound Breasts	RM 179
• Mammogram 3D (Women age above 40)	RM 230

**Advanced booking needed for all CT & MRI services.*

Others:

• Glaucoma Test (Eye Pressure Test)	RM 25
• Lung Function Test	RM 28
• Pap Smear (Women age below 30)	RM 60
• HPV DNA Testing (Cervical Cancer Screening) (Women age above 30, 3-5 yearly check)	RM 235
• Urea Breath Test	RM 240



Clinic Hours

Monday - Thursday : 8.00 a.m. - 5.00 p.m.
Friday & Sunday : 8.00 a.m. - 1.00 p.m.
Break Time : 1.00 p.m. - 2.00 p.m.
Saturday & Public holidays closed

For more information, contact
Adventist Lifestyle Centre
Tel: (+604) 222 7779/ 7732
Fax: (+604) 228 3276
E-mail: wellness@pah.com.my



PENANG ADVENTIST HOSPITAL 檳安醫院

Operated by Adventist Hospital & Clinic Services (M) (Reg. No. 199301000960)

465, Jalan Burma, 10350 Penang, Malaysia

Tel: (+604) 222 7200

Fax: (+604) 222 7422

Website: www.pah.com.my

LoCall: 1-300-88-4325

E-mail: enquiry@pah.com.my

Facebook: fb.com/pahpg



Wellness
**HEALTH
SCREENING
Packages**

FEMALE

PREMIER WELLNESS

- Physical Exam & Consultation by Wellness Doctor
- Lab Tests for Blood & Urine (> 50 test parameters)

Blood Group (A, B, AB, O & Rh)

Full Blood Examination (Haemoglobin, PCV, Total White Blood Cell - Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Blood Cell Index - Total Red Blood Cell, MCV, MCH, MCHC, Platelet count)

ESR

Lipids Profile (Total Chol, HDL, LDL, Trig, Tol Chol/ HDL)

Hep Bs Antibody (AbsAb) & Antigen (AbsAg)

TSH (Thyroid)

RA Factor (Rheumatoid Arthritis)

AFP (Alpha Feto Protein)

Kidney Function [Urine FEME, Sodium, Potassium (K+), Chloride, Carbon Dioxide, Calcium (CA ++), Creatinine, Phosphate (PO4)]

Uric Acid (Urate)

Liver Function [Total Bilirubin, Total Protein, Albumin, Globulin, Alkaline Phosphatase, AST (SGOT), ALT (SGPT) & GGT]

- Diabetes Screening - Fasting Glucose & HbA1c
- Stool for Occult Blood
- Chest X-ray
- Ultrasound of Upper Abdomen
- Stress ECG/ Resting ECG **
- Health Risk Appraisal (HRA) which includes:-
 - Lifestyle & Healthy Eating Evaluation
 - Aerobic Fitness Evaluation
 - Body Fat Analysis & Flexibility Test

GOLD WELLNESS

Includes all tests in
PREMIER WELLNESS



- Lung Function Test
- Glaucoma Test (Eye Pressure)
- DEXA Hip & Spine (Osteoporosis Screen)
- Helicobacter Pylori IGG with CIM - Blood Test
- CEA (Tumor Marker Colon) - Blood Test
- Ultrasound of Lower Abdomen
- CA 125 (Tumour Marker Ovaries) Blood Test
- Vitamin D Deficiency Test

• Ultrasound Breasts

OR

• Mammogram 3D (age above 40)

SUPREME WELLNESS

(Limited MRI slot. Please call to confirm MRI slot availability)

Includes all tests in
GOLD WELLNESS



- Audiometry (Hearing Test)
- MRI Abdomen & Pelvis (without Contrast)
 - To replace Ultrasound for Upper and Lower Abdomen
- Hepatitis A Antibodies - IGG & IGM
- Hepatitis C
- Heart Screening (Blood Test)
 - High Sensitive C-Reactive Protein
 - Homocysteine
- CA 19.9 (Tumour Marker - Pancreas)
- HPV DNA Testing (Cervical Cancer Screening)
- CA15.3 (Tumour Marker Breast)
- Ultrasound Breasts
- Mammogram 3D (Age above 40)

*All packages need advanced booking.

**All Stress ECG will be evaluated by Cardiologist.

One Complimentary Meal/ Bakery Voucher.

All prices and specifications are subject to change without prior notice.

FEMALE

RM **730**

Estimated Time: 4-5 hours

FEMALE

RM **1,180** | RM **1,210**
(With Ultrasound Breasts) (With Mammogram 3D)

Estimated Time: 5-6 hours

FEMALE

RM **2,750**

Estimated Time: 5-6 hours

TES OPSI

Tes Darah:

• Tes Kekurangan Vitamin D	RM 63
• Tes Kekurangan Vitamin B12	RM 70
• FT3 & FT4 - Tes Hormon Tiroid	RM 78
• CEA - (Tes Tanda Tumor - Usus Besar)	RM 56
• CA 19.9 - (Tes Tanda Tumor - Pankreas)	RM 88
• CA 15.3 - (Tes Tanda Tumor - Payudara)	RM 78
• CA 125 - (Tes Tanda Tumor - Ovaris)	RM 73
• Antibodi Hepatitis A	RM 73
• Hepatitis C	RM 72
• Antibodi I & II HIV (AIDS)	RM 52
• Helikobakter Piloni IGG dengan CIM	RM 38
• EBV VCA - Ig A (Tes Tanda Tumor - Hidung)	RM 150
• EBV EA - Ig A (Tes Tanda Tumor - Hidung)	RM 150
• Albumin Air Seni - Mikroalbumin (Hanya untuk pasien diabetes)	RM 34

Pencitraan Diagnostik:

• DEXA Tes Tulang Punggung ATAU Tulang Belakang	RM 105
• DEXA Tes Tulang Punggung DAN Tulang Belakang	RM 179
• USG Rahim	RM 105
• CT Paru-paru - LDCT (Untuk perokok)	RM 309
• CT Penilaian Kalsium Arteri Jantung (CAC)	RM 567
• USG Payudara	RM 179
• Mammogram 3D (Wanita umur atas 40)	RM 230

**Semua pemeriksaan CT & MRI diperlukan pemesanan lebih awal.*

Lainnya:

• Tes Glaucoma (Tes Tekanan Mata)	RM 25
• Tes Fungsi Paru-paru	RM 28
• Pap Smear (wanita umur bawah 30 tahun)	RM 60
• HPV DNA Tes (Pemeriksaan Kanker Serviks) (wanita umur atas 30 tahun, 3-5 tahun perisa)	RM 235
• Tes Urea Pernafasan	RM 240



Waktu Klinik

Senin - Kamis	: 8.00 pagi - 5.00 sore
Jumat & Ahad	: 8.00 pagi - 1.00 siang
Istirahat Makan	: 1.00 siang - 2.00 siang
Sabtu & Hari Libur Umum	Tutup

Untuk info lanjut, hubungi
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Paket
**PEMERIKSAAN
 KESIHATAN**
 Wellness

WANITA

PREMIER WELLNESS

- Pemeriksaan Tubuh dan Konsultasi dengan Dokter Wellness
- Tes Air Seni dan Darah (> 50 jenis tes)

Golongan Darah (A, B, AB, O & Rh)

Pemeriksaan Darah Lengkap (Haemoglobin, PCV, Total Butir Darah Putih - Neutrofil, Limfositis, Monositis, Eosinofil, Basofil, Indeks Butir Darah Merah - Total Butir Darah Merah, MCV, MCH, MCHC, Jumlah Platelet)

ESR

Profil Lipids (Total Chol, HDL, LDL, Trig, Total Chol/ HDL)

Antibodi Hep Bs (AbsAb) & Antigen (AbsAg)

TSH (Tiroid)

Faktor RA (Rheumatoid Arthritis)

AFP (Alpha Feto Protein)

Fungsi Ginjal [Urine FEME, Sodium, Potasium (K+), Klorid, Karbon Dioksida, Kalsium (CA ++), Kreatinin, Fosfate (PO4)],

Asam Urat (Urate)

Fungsi Hati [Total Bilirubin, Total Protein, Albumin, Globulin, Alkalin Fosfatase, AST (SGOT), ALT (SGPT) & GGT]

- Tes Diabetes - Glukosa dan HbA1c
- Tes Tinja (Pendarahan dalam usus)
- Ronsen Paru-paru dan Jantung
- USG Organ-organ Perut Atas
- Elektrografi Jantung (Lari di atas Treadmill)**
- Evaluasi Resiko terhadap Kesehatan termasuk:-
 - Nasehat Gaya Hidup Sehat dan Makan Sehat
 - Evaluasi Senam Aerobik
 - Analisa Kegemukan dan Tes Kelenturan

GOLD WELLNESS

Termasuk semua paket dalam
PREMIER WELLNESS



- Tes Fungsi Paru-paru
- Tes Glaucoma (Tes Tekanan Mata)
- DEXA Tes Tulang Punggung DAN Tulang Belakang (Tes Kerapuhan Tulang)
- Helikobakter Piloni IGG dengan CIM
- CEA (Tes Tanda Tumor - Usus Besar)
- USG Rahim
- CA 125 (Tes Tanda Tumor - Ovaris)
- Tes Kekurangan Vitamin D

• USG Payudara

ATAU

• Mamogram 3D (umur atas 40)

SUPREME WELLNESS

(Slot MRI terbatas. Hubungi kami untuk kepastian slot MRI)

Termasuk semua paket dalam
GOLD WELLNESS



- Audiometri (Tes Pendengaran)
- MRI Organ-organ Perut dan Rahim/ Prostat (Tanpa Kontras)
 - Tanpa USG organ-organ perut
- Antibodi Hepatitis A - IGG & IGM
- Hepatitis C
- Tes Jantung - melalui Tes Darah
 - C-Reaktif Protein Sensitif Tinggi
 - Homosistin
- CA 19.9 - (Tes Tanda Tumor - Pankreas)
- HPV DNA Tes (Pemeriksaan Kanker Serviks)
- CA 15.3 (Tes Tanda Tumor - Payudara)
- USG Payudara
- Mamogram 3D (umur atas 40)

*Semua paket diperlukan pemesanan lebih awal.

**Semua Hasil Elektrografi Jantung akan dievaluasi oleh Spesialis Jantung.

Gratis satu kupon untuk set makan atau roti.

Semua harga dan spesifikasi dapat berubah tanpa pemberitahuan sebelumnya.

WANITA

RM **730**

Waktu: 4-5 jam

WANITA

RM **1,180** | RM **1,210**
(Termasuk USG Payudara) | (Termasuk Mamogram 3D)

Waktu: 5-6 jam

WANITA

RM **2,750**

Waktu: 5-6 jam

选择性检验

血液检验:

- 维生素D检测 RM 63
- 维生素B12检测 RM 70
- 甲状腺荷尔蒙-FT3 & FT4 RM 78
- 胚胎性癌抗原-肠癌(CEA) RM 56
- 肿瘤标志-胰脏癌(CA 19.9) RM 88
- 肿瘤标志-乳房癌(CA 15.3) RM 78
- 肿瘤标志-卵巢癌(CA 125) RM 73
- A型肝炎抗体 RM 73
- C型肝炎抗体 RM 72
- 爱滋病I & II型抗体 RM 52
- 幽门螺杆菌 RM 38
- 鼻咽癌肿瘤标志物(EB病毒 VCA - Ig A) RM 150
- 鼻咽癌肿瘤标志物(EB病毒 EA - Ig A) RM 150
- 尿液微量白蛋白 (糖尿病患者而已) RM 34

诊断成像:

- 骨骼密度测量(骨骼疏松症检验)
- 髌骨或脊椎 RM 105
- 骨骼密度测量(骨骼疏松症检验)
- 髌骨及脊椎 RM 179
- 腹部或骨盆超音波扫描 RM 105
- 低剂量胸腔电脑断层扫描(建议吸烟者) RM 309
- 冠状动脉钙化(CAC)扫描 RM 567
- 乳房超音波扫描 RM 179
- 3D乳房X光造影(建议女士 > 40岁) RM 230

*所有CT和MRI扫描需提前预约。

其他:

- 青光眼检验(眼睛压力的检查) RM 25
- 肺部功能检验 RM 28
- 子宫颈抹片检查及盆骨腔的内检 (建议女士 < 30岁) RM 60
- HPV DNA 检测(宫颈癌筛查) (建议女士 > 30岁, 每3-5年检查一次) RM 235
- 尿素呼吸测试 RM 240



诊所时间

周一 - 周四 早上 8.00 - 下午 5.00
 周五 & 周日 早上 8.00 - 下午 1.00
 午休时间 中午 1.00 - 下午 2.00
 周六 & 公共假期 关闭

欲知更多, 请联系

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保健 健康检验 配套

女士

PREMIER WELLNESS

- 体检, 咨询及报告分析 (由保健医生负责)
- 血液检验及尿液检验 (> 50 种类检验)

血型 (A, B, AB, O & Rh)

血液检测 (Haemoglobin, PCV, Total White Blood Cell - Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Blood Cell Index - Total Red Blood Cell, MCV, MCH, MCHC, Platelet count)

ESR

脂质谱 (Total Chol, HDL, LDL, Trig, Total Chol/ HDL)

B 型肝炎抗体 (AbsAb) 与抗原 (AbsAg)

甲状腺素 (Thyroid)

风湿性关节炎因子 (Rheumatoid Arthritis)

甲型胎兒蛋白 (AFP) (Alpha Feto Protein)

肾功能 [Urine FEME, Sodium, Potassium (K+), Chloride, Carbon Dioxide, Calcium (CA ++), Creatinine, Phosphate (PO4)]

尿酸 (Urate)

肝功能 [Total Bilirubin, Total Protein, Albumin, Globulin, Alkaline Phosphatase, AST (SGOT), ALT (SGPT) & GGT]

- 糖尿病检验 - 葡萄糖与 HbA1c 检验
- 粪便潜血检验
- 胸部 X 光照射
- 上腹部超音波扫描
- 心电图 (运动心电图 / 心电图)**
- 健康风险评估包括:-
 - 生活习惯及饮食评估
 - 体能评估
 - 脂肪检验, 及伸舒检验

GOLD WELLNESS

包括配套

PREMIER WELLNESS



- 肺部功能检验
- 青光眼检验 (眼压检查)
- 骨骼密度测量 (骨骼疏松症检验) - 髌骨及脊椎
- 幽门螺杆菌检验
- 胚胎性癌抗体 - 肠癌 (CEA)
- 下腹部超音波扫描
- 卵巢癌 (CA125) (肿瘤标志检验 - 卵巢)
- 维生素 D 检测

• 乳房超音波扫描

或

• 3D 乳房 X 光造影 (建议女士 > 40 岁)

SUPREME WELLNESS

(MRI 空档有限, 请致电确认)

包括配套

GOLD WELLNESS



- 听觉测试
- 腹部及骨盆磁力共振扫描 (MRI)
 - 替代上和下腹部的超音波扫描
- A 型肝炎抗体
- C 型肝炎抗体
- 心脏检查 - 血液检验
 - 高灵敏度 C 反应蛋白
 - 同型半胱氨酸
- 肿瘤标志 - 胰脏癌 (CA 19.9)
- 人类乳突病毒基因检测 (子宫颈癌检验)
- 肿瘤标志 - 乳房癌 (CA15.3)
- 乳房超音波扫描
- 3D 乳房 X 光造影 (建议女士 > 40 岁)

*所有配套需提早预约。

**所有心电图报告将由心脏专科医生分析。

一份免费膳食/ 面包券。

所有价格和规格如有变动, 恕不另行通知。

女士

RM 730

预时为: 4-5 小时

女士

RM 1,180 | RM 1,210
(乳房超音波扫描) | (3D 乳房 X 光造影)

预时为: 5-6 小时

女士

RM 2,750

预时为: 5-6 小时