

## OPTIONAL TEST

### Blood Test:

• Vitamin D Deficiency Test	RM 63
• Vitamin B12 Deficiency Test	RM 70
• FT3 & FT4 – Thyroid Hormone Test	RM 78
• CEA (Tumour Marker - Colon)	RM 56
• CA 19.9 (Tumour Marker - Pancreas)	RM 88
• PSA (Tumour Marker - Prostate) (Men age above 40)	RM 73
• CA 15.3 (Tumour Marker - Breasts)	RM 78
• CA 125 (Tumour Marker - Ovaries)	RM 73
• Hepatitis A Antibodies	RM 73
• Hepatitis C	RM 72
• HIV (AIDS) Antibodies I & II	RM 52
• Helicobacter Pylori IGG with CIM	RM 38
• EBV VCA - Ig A (Tumour Marker - Nose)	RM 150
• EBV EA - Ig A (Tumour Marker - Nose)	RM 150
• Urine albumin - microalbumin (For diabetes patient only)	RM 34

### Diagnostic Imaging:

• DEXA Hip OR Spine (1 region) – Bone Density	RM 105
• DEXA Hip & Spine (2 region) – Bone Density	RM 179
• Ultrasound Lower Abdomen	RM 105
• CT Lung - LDCT (For smoker)	RM 309
• CT Coronary Artery Calcium Scoring (CAC)	RM 567
• Ultrasound Breasts	RM 179
• Mammogram 3D (Women age above 40)	RM 230

*\*Advanced booking needed for all CT & MRI services.*

### Others:

• Glaucoma Test (Eye Pressure Test)	RM 25
• Lung Function Test	RM 28
• Pap Smear (Women age below 30)	RM 60
• HPV DNA Testing (Cervical Cancer Screening) (Women age above 30, 3-5 yearly check)	RM 235
• Urea Breath Test	RM 240



#### Clinic Hours

Monday - Thursday : 8.00 a.m. - 5.00 p.m.  
Friday & Sunday : 8.00 a.m. - 1.00 p.m.  
Break Time : 1.00 p.m. - 2.00 p.m.  
Saturday & Public holidays closed

For more information, contact  
Adventist Lifestyle Centre  
Tel: (+604) 222 7779/ 7732  
Fax: (+604) 228 3276  
E-mail: wellness@pah.com.my



#### PENANG ADVENTIST HOSPITAL 檳安醫院

Operated by Adventist Hospital & Clinic Services (M) (Reg. No. 199301000960)

465, Jalan Burma, 10350 Penang, Malaysia

Tel: (+604) 222 7200

Fax: (+604) 222 7422

Website: www.pah.com.my

LoCall: 1-300-88-4325

E-mail: enquiry@pah.com.my

Facebook: fb.com/pahpg



Wellness  
**HEALTH  
SCREENING**  
Packages

**MALE**

## PREMIER WELLNESS

- Physical Exam & Consultation by Wellness Doctor
- Lab Tests for Blood & Urine (> 50 test parameters)

Blood Group (A, B, AB, O & Rh)

Full Blood Examination (Haemoglobin, PCV, Total White Blood Cell - Neutrophils, Lymphocytes, Monocytes, Eosinophils, Basophils, Red Blood Cell Index - Total Red Blood Cell, MCV, MCH, MCHC, Platelet count)

ESR

Lipids Profile (Total Chol, HDL, LDL, Trig, Tol Chol/ HDL)

Hep Bs Antibody (AbsAb) & Antigen (AbsAg)

TSH (Thyroid)

RA Factor (Rheumatoid Arthritis)

AFP (Alpha Feto Protein)

Kidney Function [Urine FEME, Sodium, Potassium (K+), Chloride, Carbon Dioxide, Calcium (CA ++), Creatinine, Phosphate (PO4)]

Uric Acid (Urate)

Liver Function (Total Bilirubin, Total Protein, Albumin, Globulin, Alkaline Phosphatase, AST (SGOT), ALT (SGPT) & GGT)

- Diabetes Screening - Fasting Glucose & HbA1c
- Stool for Occult Blood
- Chest X-ray
- Ultrasound of Upper Abdomen
- Stress ECG/ Resting ECG \*\*
- Health Risk Appraisal (HRA) which includes:-
  - Lifestyle & Healthy Eating Evaluation
  - Aerobic Fitness Evaluation
  - Body Fat Analysis & Flexibility Test

## GOLD WELLNESS

Includes all tests in  
**PREMIER WELLNESS**



- Lung Function Test
- Glaucoma Test (Eye Pressure)
- DEXA Hip & Spine (Osteoporosis Screen)
- Helicobacter Pylori IGG with CIM - Blood Test
- CEA (Tumor Marker Colon) - Blood Test
- Ultrasound of Lower Abdomen

- Vitamin D Deficiency Test (Blood Test)

OR

- PSA (Tumour Marker Prostate) (age above 40)

## SUPREME WELLNESS

(Limited MRI slot. Please call to confirm MRI slot availability)

Includes all tests in  
**GOLD WELLNESS**



- Audiometry (Hearing Test)
- MRI Abdomen & Pelvis (without Contrast)
  - To replace Ultrasound for Upper and Lower Abdomen
- Hepatitis A Antibodies - IGG & IGM
- Hepatitis C
- Heart Screening (Blood Test)
  - High Sensitive C-Reactive Protein
  - Homocysteine
- CA 19.9 (Tumour Marker - Pancreas)
- PSA (Tumour Marker Prostate) (age above 40)
- Vitamin D Deficiency Test (Blood Test)

\*All packages need advanced booking.

\*\*All Stress ECG will be evaluated by Cardiologist.

**One Complimentary Meal/ Bakery Voucher.**

All prices and specifications are subject to change without prior notice.

MALE

RM **730**

Estimated Time: 4-5 hours

MALE

RM **1,030**

Estimated Time: 5-6 hours

MALE

RM **2,320**

Estimated Time: 5-6 hours