

OPTIONAL TEST

***Only applicable with signing up the Wellness Package.**

Prices are subject to change without prior notice and applicable for Malaysian Only.

• Glaucoma Test – (Eye Pressure Test)	RM 25
• Lung Function Test	RM 28
• Pap Smear & Pelvic Exam (Sexually active ladies)	
By Wellness Doctor	RM 46
• DEXA Hip OR Spine (1 region) – Osteoporosis Screen	RM 80
• DEXA Hip & Spine (2 region) – Osteoporosis Screen	RM 150
• Ultrasound Lower Abdomen / Pelvis (Add on)	RM 80
• Ultrasound Upper Abdomen or Pelvis (Single)	RM 120
• Ultrasound Breasts	RM 160
• Mammogram – (X-ray for breasts)	RM 95
Ladies > age 40	
• MRI Brain (without Contrast)	RM 745
- with Contrast will cost additional RM 285	
• MRI Breasts (with Contrast)	RM 985
• CT Scan Lungs (for smoker) (without contrast)	RM 370
- with Contrast – additional cost RM 200	
• CT Angiogram (Heart Scan) –	RM 1288 - RM 1588
Exclude consultation fee	
• CEA – (Tumour Marker - Colon)	RM 47
• CA 19.9 – (Tumour Marker - Pancreas)	RM 80
• PSA – (Tumour Marker - Prostate)	
Men > age 40	RM 46
• CA15.3 – (Tumour Marker - Breasts)	RM 70
• CA125 – (Tumour Marker -Ovaries)	RM 67
• Hepatitis A Antibodies	RM 70
• Hepatitis C	RM 66
• HIV (AIDS) Antibodies I & II	RM 45
• Helicobacter Pylori IGG	RM 33
• Urea Breath Test	RM 220
• T3 & T4 – (Thyroid Hormone Test)	RM 72

** All ECG will be evaluated by the Cardiologist
All prices and specifications are subject to change without prior notice.



Clinic Consultation Hours

Mon - Thu : 8:00 am - 5:00 pm
Fri - Sun : 8:00 am - 1:00 pm
Lunch Hour : 1:00 pm - 2:00 pm
Sat & Selected public holidays : Closed

Join our WAW Lifestyle Intervention Programs

WAW Corporate

WAW Executive

WAW Breathe-Free: Smoking addiction

For any enquiries, contact:

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*Wholistic Health
is a journey*

Adventist Lifestyle Centre

PREMIER WELLNESS

Estimated Screening Time: 4 hours

- Physical Exam & Consultation by Wellness Doctor
- Lab Tests for Blood & Urine (> 50 test parameters)*
- Diabetes Screening – Fasting Glucose & HbA1c
- Stool for Occult Blood
- Chest X-ray
- Ultrasound of Upper Abdomen
- Stress ECG **
- Health Risk Appraisal (HRA) which includes:-
 - Lifestyle Evaluation & Aerobic Fitness Evaluation
 - Diet Recall & Consultation
 - Body Fat Analysis & Flexibility Test

RM 690

One Complimentary Meal / Bakery Voucher

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GOLD WELLNESS

Estimated Screening Time: 5-6 hours

- Physical Exam & Consultation by Wellness Doctor
- Lab Tests for Blood & Urine (> 50 test parameters)*
- Diabetes Screening – Fasting Glucose & HbA1c
- Stool for Occult Blood
- Chest X-ray
- Ultrasound of Upper Abdomen
- **ECG (Stress or Resting)****
- Health Risk Appraisal (HRA) includes:-
 - Lifestyle Evaluation & Aerobic Fitness Evaluation
 - Diet Recall & Consultation
 - Body Fat Analysis & Flexibility Test
- Lung Function Test
- Glaucoma Test (Eye Pressure)
- DEXA Hip & Spine (Osteoporosis Screen)
- Helicobacter Pylori IGG
- CEA (Tumour Marker – Colon)

MEN
RM 980
LADIES
RM 1130

Additional Tests included for: Men:

- PSA (Tumour Marker -Prostate)
- Ultrasound of Pelvis/Lower Abdomen

Ladies:

- Mammogram (Breast X-ray) OR Ultrasound Breasts
- CA 125 (Tumour Marker – Ovaries)
- Ultrasound of Pelvis / Lower Abdomen
- Pap Smear & Pelvic Exam by **Wellness Doctor**

One Complimentary Meal / Bakery Voucher

SUPREME WELLNESS

Estimated Screening Time: 5-6 hours

- Physical Exam & Consultation by Wellness Doctor
- Lab Tests for Blood & Urine (> 50 test parameters)*
- Diabetes Screening – Fasting Glucose & HbA1c
- Stool for Occult Blood
- Chest X-ray
- Stress ECG **
- Health Risk Appraisal (HRA) includes:-
 - Lifestyle Evaluation & Aerobic Fitness Evaluation
 - Diet Recall & Consultation
 - Body Fat Analysis & Flexibility Test
- Lung Function Test
- Glaucoma Test (Eye Pressure)
- Audiometry (Hearing Test)
- DEXA Hip & Spine (Osteoporosis Screen)
- MRI Abdomen & Pelvis (without Contrast)
- Helicobacter Pylori IGG
- Hepatitis A Antibodies – IGG & IGM
- Hepatitis C

- Heart Screening (Blood Test)
- High Sensitive C-Reactive Protein
- Homocysteine

MEN
RM 2190
LADIES
RM 2290

Additional Tests included for: Men:

- Male Cancer Profile:**
- PSA (Tumour Marker -Prostate)
- CEA (Tumour Marker - Colon)
- CA19.9 (Tumour Marker – Pancreas)

Ladies:

- Female Cancer Profile:**
- CA19.9 (Tumour Marker – Pancreas)
- CA15.3 (Tumour Marker – Breast)
- CA125 (Tumour Marker – Ovaries)
- CEA (Tumour Marker – Colon)
- Mammogram (Breasts X-ray)
- Pap Smear & Pelvic Exam by **Wellness Doctor**

One Complimentary Meal / Bakery Voucher